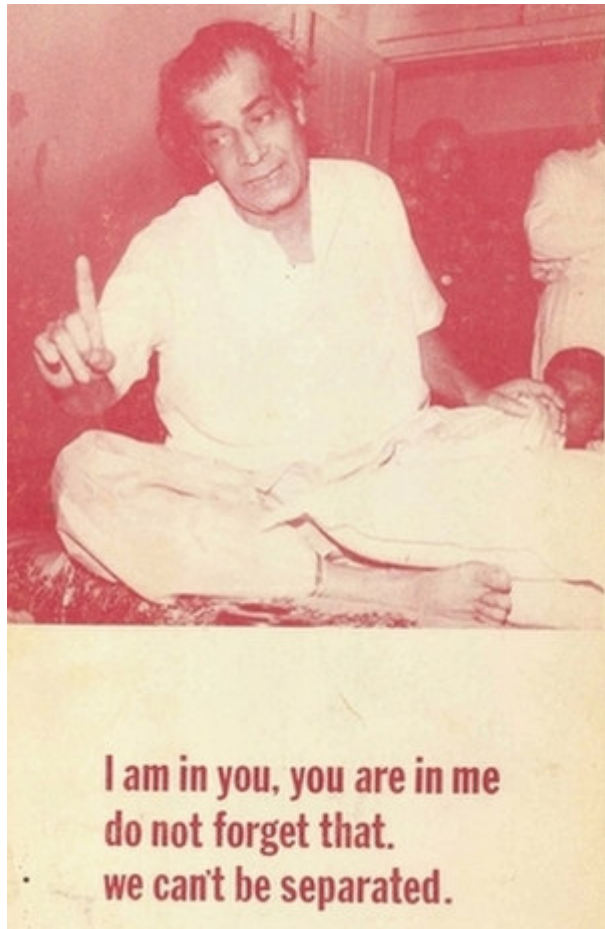


## HIS FRAGRANCE

108 Sayings of Dadaji  
compiled by Harvey Freeman  
(out-of-print)



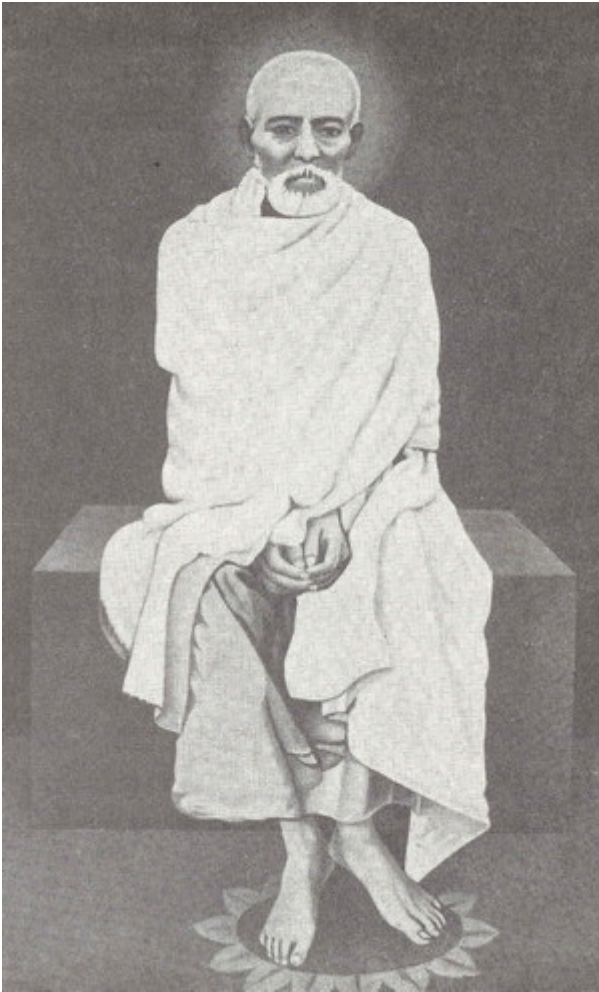
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**Sri Sri Satyanarayan**  
(Holy Holy Creator of Truth)



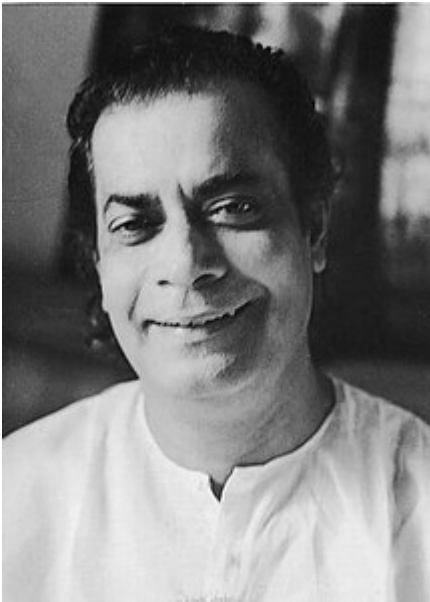
**Dadaji**  
(1910 – 1992)



Harvey Freeman speaking about Dadaji's message at his request  
1977 Portland Oregon USA

# Introduction

In this time of distraction from Truth, it becomes more and more difficult to live in the three worlds. To blend the physical, mental and spiritual in a harmonious flow. Life each day seems to demand more of the material world, and the claims of Gurus, Babas, Yogis and Priests have confused so many.



Dadaji 1977

money or gifts and does not permit any institutions, foundations, ashrams, or temples to be built in His name.

One has come in simplicity and Truth, surrounded by God's Love and Fragrance. His name is Amiya Roy Chowdhury - lovingly called Dadaji (elder brother) by all who know Him. He is beside elder brother, mother, father, son, daughter, lover and friend.

Dadaji claims to be helpless, and nobody, yet displays constant miraculous phenomenon. Truth flows from His lips and Krishna's fragrance emits from His body. He says, "All is possible with the Almighty." The Almighty is called Sri Sri Satyanarayan (Holy Holy Creator of Truth).

The Truth can only be transmitted by those who have realized it. It can be transmitted but not received, except from within yourself. Dadaji draws only a few to Him, only those who are ready to be elevated. He gives no performances, no public lectures, publishes no articles, accepts no

He speaks to you from within your deepest self. He does not want to see those who are curiosity seekers, looking for new sensations and entertainment. How simply Truth is told:

"The head and the heart must be one; don't force the mind or the body, you can't find Truth unless the function is free and natural. Concentrate on Him, do your work, enjoy." This is called spontaneous meditation.

Falling in love with Dadaji is no fleeting affair, it is an intense experience. Feeling Love for god for Dadaji is effortless. When you are in Love you never have to be reminded of the one you love, they are always there.

Dadaji refers to the Almighty usually as "Him" or "He", explaining that God is neither male nor female, but everything. He asks that you follow, become a disciple of the Divine not of Dadaji, to go where Dadaji goes for strength, love and wisdom.



Harvey Freeman & Dadaji Los Angeles 1982

which spread dogmas, creeds and cults. They made a business of ceremonies and miracles. In the midst of these non-essentials the Truth which the teachers brought came to be neglected and perverted. According to Dadaji, all priest-ridden churches and temples are positively misleading and can never bring God-realization.

Dadaji's religion is of this world, a religion of Life. What matters is not ceremonies and rituals, but the spirit of love and remembering the Creator.

My life was beautiful, meaningful and simple before I was called to Dadaji. Since that time my life has become even more beautiful; just realize God without ourselves and in everything we see and meet, and the god we seek must not be sought away from Life but in Life itself.

In God's Love,  
Harvey Freeman  
La Center, Washington USA  
January 1977

As I write this I realize I am longing just simply to sit in His presence, like basking in the warming sunshine.

Many learned scholars quote scriptures but do not know the Spirit behind them or their true meanings. Dadaji's teaching is never in part or bound by any limitation. Wherever He goes a brotherhood grows up around Him.

The great world teachers all appeared to re-establish Truth. Those who were ready were called and understood them. Most followers only built up vast organizations,



Dadaji grabs Freeman's beard and it becomes Fragrant 1982 Los Angeles



# HIS FRAGRANCE

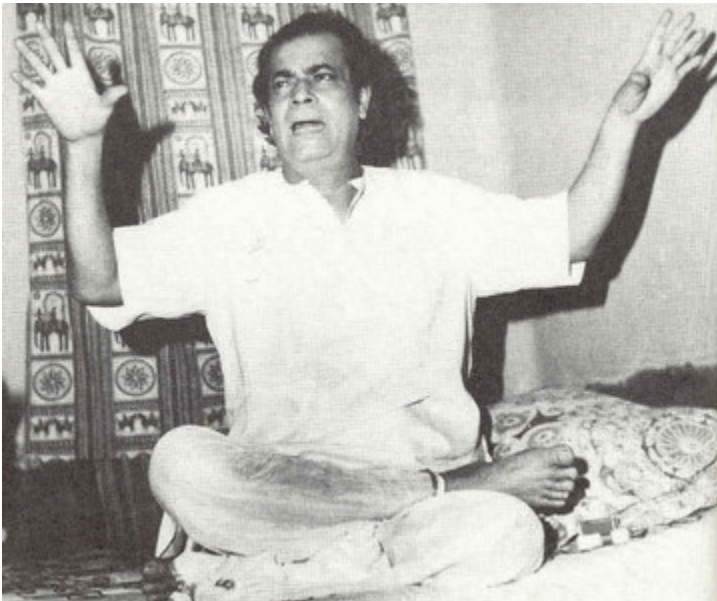
## 108 Sayings of Dadaji



Dadaji 1976 Bombay

1. God is the easiest - the nearest - the dearest.
2. Don't worry, for worry makes you the doer.
3. Do not hanker after anything but Him.
4. You can't hanker after things and realize God.
5. Do not forget that we cannot be separated.
6. I am in you, you are in me - do not forget that together we are in Him. We cannot be separated.

7. No person can be a Guru - each person has within Guru.



8. Want nothing - get everything. Have Him - have everything. Have everything and not Him, you have nothing.

9. Anyone who tells you they can take you to God is simply not telling the Truth.

10. You can make your business God. Don't make a business out of God.

11. Meditation, asceticism, solitude are self-centered behaviors.



Amiya Roy Chowdhury  
1940

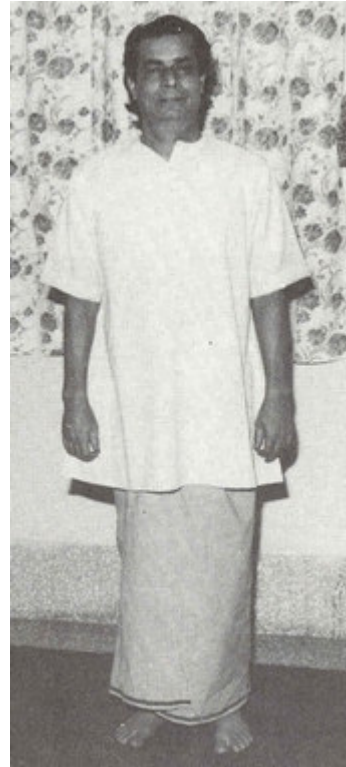
12. Remember Him, do your duty. Enjoy.

13. Everything other than remembering Him is useless distracting nonsense - only one thing - to realize Him.

14. Even yoga and meditation and bhajan (religious songs) can be distractions - don't believe anyone.

15. If you are devoted to only one form of Deity you are tightening the bonds of Maya (illusion).

16. God does not fill, but instead takes away craving for material and sensual needs.



Dadaji 1977

17. Don't look to Gurus, and Yogis, and Babas, and Saints...look within.

18. This time of the body is temporary - we are actors and are paid according to our performance.



Amiya Roy Chowdhury 1950

19. God says, "Don't try to understand Me – Just Remember."

20. God's Name is the only yoga. Remember Him - that is enough.

21. All paths to God other than Name are of the mind.



Dadaji 1977



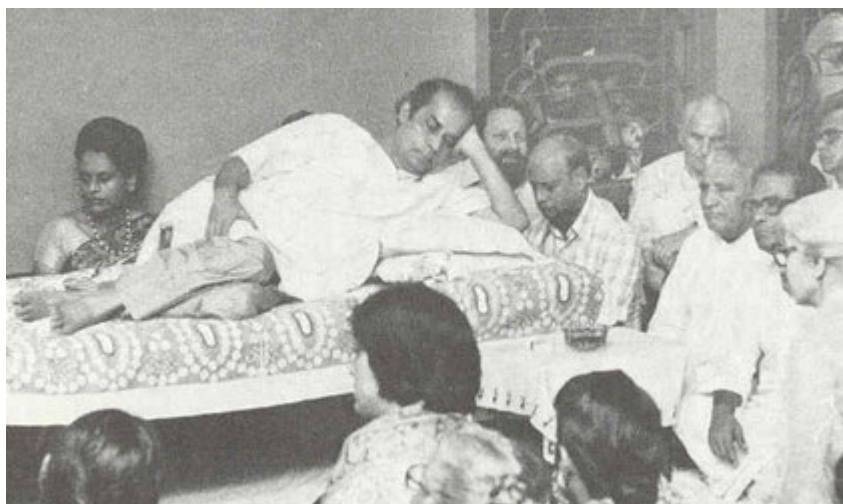
Harvey speaking at Utsav celebration at Dadaji's request 1977



Somnath Hall, Calcutta



Utsav in Somnath Hall, Calcutta 1977





22. You can't realize God intellectually, until He has been realized of the Spirit.

23. Remove intellectual obstacles to Truth. The question is always in error, the answer is always in error.

24. The symbols outside are of what is truly within - even remove the symbols.

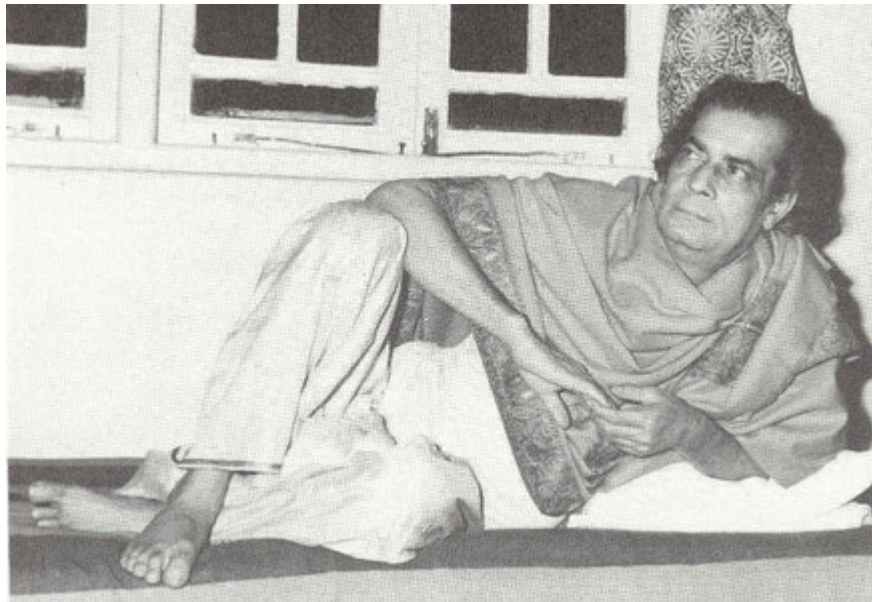
25. His Name is your own real being - you are His Temple.

26. Nothing to discard or acquire. Take Name and all will take care of itself.



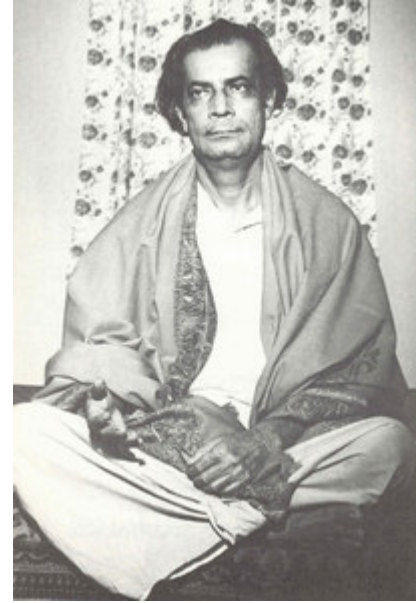
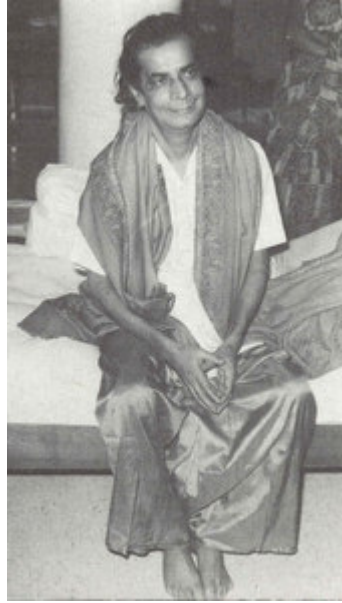
Dadaji 1972

27. Theory of negation is absolutely wrong - positive thinking is absolutely wrong. Life is both negative and positive to bring about creative results.



Dadaji 1972



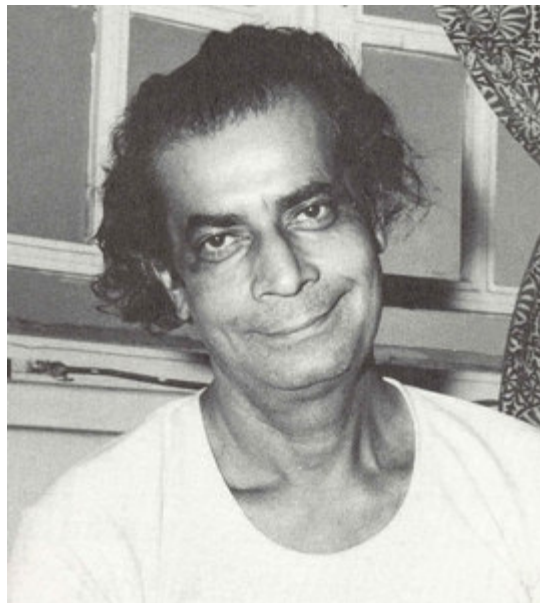
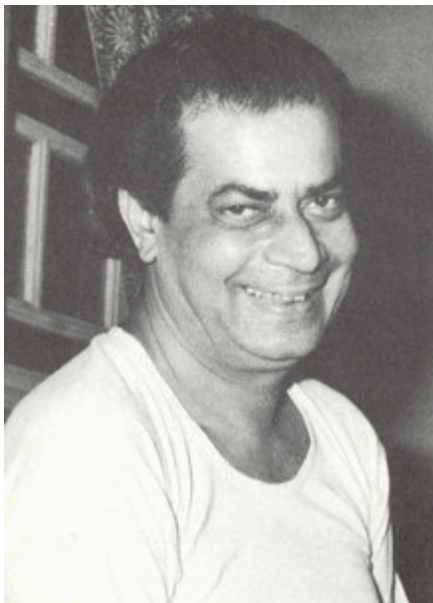


Dadaji 1972

28. The Truth reveals through Love.

29. Truth is your only companion in this life and even after.

30. In remembering god and realizing his Love there is no room for mental and physical acrobatics.



31. Just perform the duties with which you are entrusted, sincerely, faithfully, accepting His Will.

32. Recite Mahanam (God's Name within: Gopal Govinda) casually, in the midst of your daily life. The rest leave to Him, the Doer.

33. God is the sound of your heartbeat, making love to you 24 hours each day.

34. When your heartbeat (He) leaves the body - it becomes useless.

35. If devoted to God you can have anything you want as long as He wants you to have it. This is Grace. If not devoted, you can have anything you want whether it is good for you or not.

36. God's Name is constantly being chanted within you, but you can't hear it.

37. About God be careful.



Dadaji 1976

38. You can't fool Him. Sometimes He lets you think you are fooling Him, in order to make a fool of yourself.

39. Unhappiness is a part of the ego - beyond it no such thing exists.

40. In worship the worshipper and the worshipped are identical. When you have realized, He come and worships you as Himself.

41. Taking Name is the easiest way to love God.

42. Raise God from your heart and make the mind the conscious dwelling place of God.

43. Work itself is God, if it works of itself and you are a passive spectator.

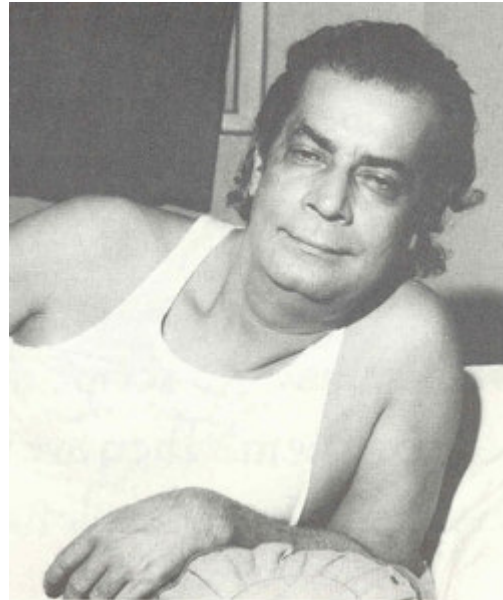
44. He decides the right time for an elevation to higher states.

45. What need is there to succeed, other than to walk on the level road of God? Even without a road, without anything but Him.

46. God has no enemies.

47. Give up all outer appearances of religious attitude to realize Him.

48. Is God in me or am I in God? I am so filled with Him I can no longer differentiate.



49. Trust in Him with all your heart and mind, and lean not on your own understanding.

50. Rationalization is a mental technique which allows you to lie or cheat without feeling guilty.

51. The ways to God being marketed today are bluff or merely entertainment.



Dadaji at Utsav 1977 Calcutta





Dadaji traveling to Utsav 1977 Calcutta

52. Mantra can not be whispered in your ear. No person can initiate you into God. This is all humbugism and exploitation.

53. You are not a channel; you have come in His Name, with His Name and Love.

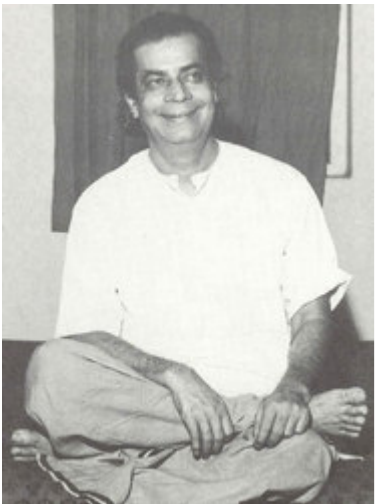
54. I have come with Him. He has come with me. I am not even a guide.

55. Why a need for temples and ashrams? The whole world is His ashram.

56. God does not punish - He educates.

57. In God there is no such word as 'partly'.

58. It doesn't make any difference whether you understand or you don't. Most are incapable of understanding. have blind faith in His Name.

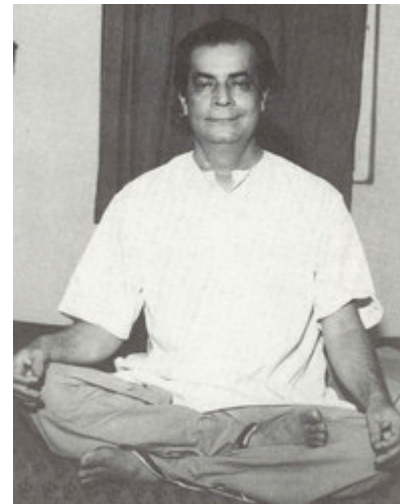


59. To realize Him is the only love.

60. As soon as you say - I am the Guru, I am the doer - you are an egoist.

61. The body and mind do not feed the spirit. It goes the other way.

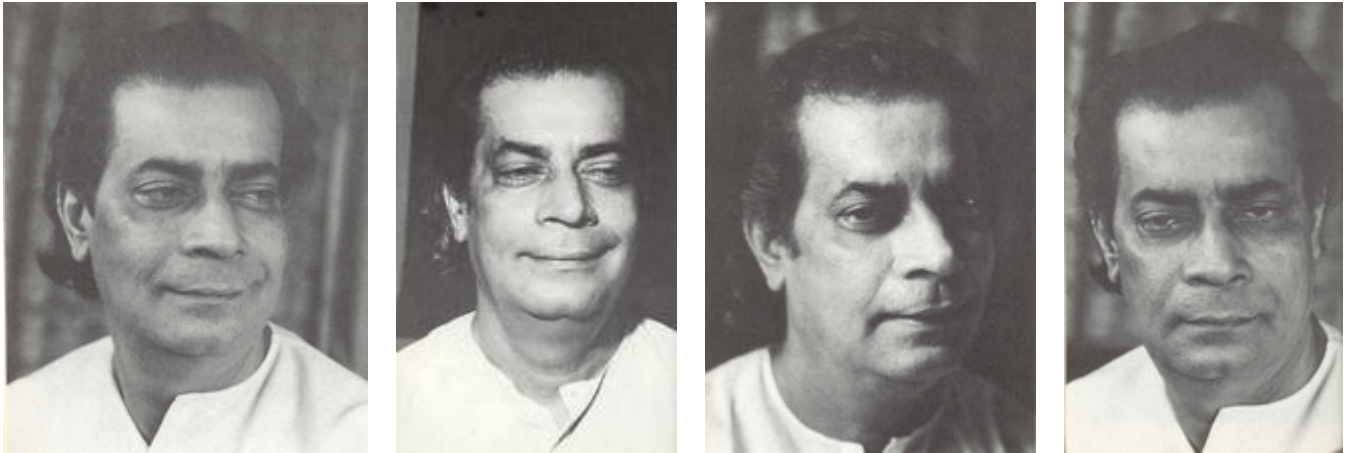
62. Eating, drinking, sex, these are things of the body. Let the mind and the body agree.



63. Do not force anything - let it all happen naturally.

64. We have come into the world to taste and enjoy Him. let us become His disciple not the worldly Guru's.

65. When those who sell God realize God, they will be out of business.



66. Do not run after God - do not run before Him - walk with Him.
67. I love you because you are a lover of the Almighty.
68. The realized know the realized.
69. There is a big difference between His permission and His Will.
70. God is not religious. He cares not for Christians, Jews, Buddhists, Muslims, Sikhs, Hindus - He loves and blesses the atheist also.
71. I want only Him as my lover. God is the only lover; why settle for less?
72. Human love is fickle and fragile and imbued with egoism. Remember Him, His love is pure, everlasting.
73. In the scriptures, when it is written, "I shall come again," it means the fragrance of god appears in our hearts again.
74. You cannot realize God. God realizes Himself when you no longer need anything.
75. Mahanam (God's Name within: Gopal Govinda) slowly purifies you in love, if the floodgates of your heart are flung open.
76. Being a saint or a monk has not to do with God, but acceptance by tradition.
77. You can't learn about yourself except in experience.



Dadaji 1976

78. We must come to a place where there are no Vedas, no Gita, no Bible. He above all should be the path that suits us all best.

79. Even for a few moments, forget where you are, who you are, and you will remember who you really are.

80. So many are unhappy and in mourning for their lives.

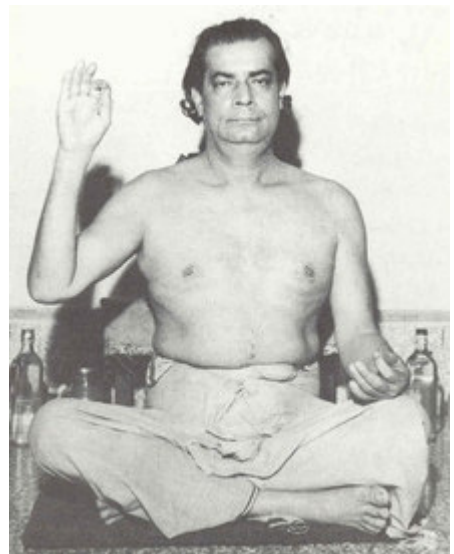
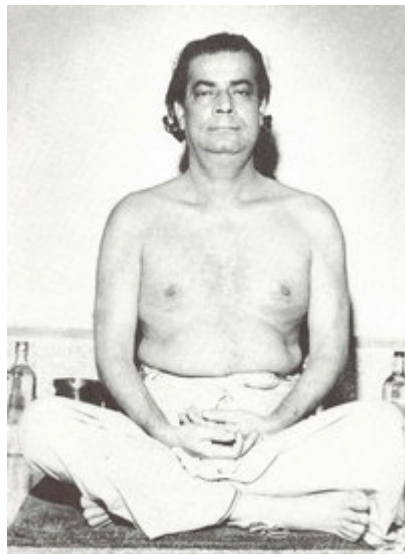
81. Death of the body is natural to the old. Don't interfere, they should find comfort in it.

82. Just to have a human form is already a great joy. To know there is only God to look forward to is an incomparable joy.

83. Better than praising the good and condemning the wicked is to seek God.

84. You reach a Divine orgasm when you are reunited with Yourself.

85. We are like bed sheets, one red, one blue, one black, all the same cotton; one beautiful, another ugly, a third holy and a fourth seemingly wicked, but the Divine dwells within all of us.







Dadaji, Mr Mehta, Harvey Freeman in  
Los Angeles, California 1990

86. Nobody who has realized Him is ever bored with life.

87. Remember Him, do what you do, not the other way around.

88. Follow His secret footprints, His secret fragrance, His secret music that are in your heart and everywhere.

89. If you are one with Him, you are the temple, the world is the ashram. Why go around collecting money for God? All the money is His. He needs nothing.

90. Why the temples, churches and ashrams? No scriptures ask for them. They are the business of men, exploiters.

91. Everyone is getting their karmic share in Truth.



Harish Jambusaria, Dadaji, Tony Cureton,  
Harvey Freeman 1990

92. We have to forget ourselves completely in order to remember Him.

93. If you remember Him, the lives of those around you will be enriched, more joyful, more realized.

94. We cannot compete with or question the Almighty.

95. It is absurd to ask how fire burns or water quenches thirst or why it freezes.

96. What seems like chance or luck is really God.

97. Wisdom is knowing you are only an actor. Ignorance is when you think you are not.



Freeman, Dadaji, Ann Mills in Dadaji's home in Calcutta 1990

98. When the man and women, Adam and Eve (Radha and Krishna), in you are at peace with one another they cease to exist and become the Garden of Eden (Brindavan).

99. Seek God not away from Life but in Life itself.

100. Penance (work) is necessary for existence in this world but not for Him.

101. Unless you are shorn of your ego and are beyond your mind, you cannot be in tune with Him.

102. He is you and your existence is the way to Him.

103. Man can do magic - only God can do a miracle.

104. Be of good cheer, you have nothing to get. Everything that is is within.



Harvey Freeman & Dadaji 1990 Calcutta

105. Find God's Name in your heart and repeat it constantly.

106. Name is god. Truth is One. Mankind is One. Language is One. Truth, Self and God are identical.

107. Human being is essentially God and our birth is to taste that Divine Bliss in every second of our existence with Love.

108. Dadaji is nobody; neither agent nor an instrument. The Supreme Will can make anything possible.

Yours Ever,  
Pranam



Harvey Freeman traveling with Dadaji in Gujarat, India 1982